



18th Annual
RIVER TO SEA RELAY
Saturday – August 3, 2013

Welcome to the 2013 River to Sea Relay, the 18th annual team adventure race across New Jersey. Beginning in Milford on the Delaware River and ending near the beach in Manasquan, R2C18 is a physically and mentally challenging endurance event.

Every team consists of 7 runners who will each run 2 stages of the 91 mile relay which travels through 34 towns in Hunterdon, Mercer, Somerset, Middlesex and Monmouth counties. So submit your entry form early! Don't delay!!

- 91 Miles – 14 Legs – 7 Person Teams (2 stages per team member)
- ONLINE REGISTRATION ONLY (no processing fee)
- Milford, NJ to Manasquan, NJ + Mid-Relay Oasis
- Handicapped Start – First to the Ocean, wins!
(Start times based on average **5K times**)
- River to Sea Relay Clothing (optional)
- 145 Team Maximum
- 9 Award Categories -- Post Relay Party
- Entry Deadline – June 1, 2013 or when team limit is reached.

R2C18 will sell out early – Enter NOW!

www.OYMP.net or Email mzrace@OYMP.net or Call 910-686-0026

[Click HERE to View the Official R2C18 Packet!](#)

